

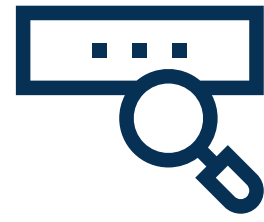
# CHECK THE SOURCE!

The news can be very confusing, especially when we get information from social media and online sources. The following are some tips that parents/caregivers, mentors, and other supportive adults can use to help young people learn to be careful consumers of news and identify when information may be more opinion than fact.



## BE SKEPTICAL

There is a lot of information and not all of it is good or factual. Don't assume that what you read is always real.



## INVESTIGATE CREDIBILITY

Do an internet search on the author and any organizations or persons quoted. Is the source widely read? Does the author have a conflict of interest with the subject matter?



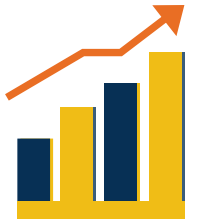
## EVALUATE THE SOURCE

Websites often have easy-to-spot reliability clues. Websites that end with .gov or .edu are often more trustworthy because they are government or educational institutions.



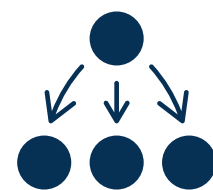
## CONSULT PRIMARY SOURCES

When possible, encourage young people to read the primary source. Facts can become distorted when the story is repeated by different sources.



## VERIFY THE STATS

Are the statistics representative? For example, the source may be reporting a percentage of adolescents, but the source may be a small survey of students from a single school.



## CONSIDER MULTIPLE RELIABLE SOURCES

Using the prior steps, verify multiple reliable sources reporting the same information.



## BURST YOUR "BUBBLE"

Social media often connects you with trends that reinforce your views rather than challenge ideas. So, make a point to read widely, including articles written by people you don't necessarily agree with.



## BEWARE OF...

...vague language, capital letters, and use of memes. Some language like "most people believe..." plays on the reader's emotions without offering real information.



## NEVER REVEAL PRIVATE INFO

Revealing your own private information can put you at risk for identity theft. Sites that ask for this information should not be trusted.



## AVOID PERSONAL SOCIAL PAGES

Personal Blogs, Twitter handles, and Facebook are helpful to find out what people are saying about a topic but may not be sources of reliable information.

More resources at:  
[GPPCT.org](http://GPPCT.org)