

# Opioid Misuse: THE TRUTH



Can you tell opioid fact from opioid fiction?  
Which of these statements is a **LIE**?

**1** Knowing your risk factors for addiction can help you make healthy choices regarding the use of pain medications and other opioids.

**2** You cannot get addicted to an opioid or pain medication that is prescribed by a doctor to treat a sports injury.

**3** Opioids can alter the brain and effect emotions, memory, and pain reactions.

**4** The adolescent brain is more at risk for addiction because it is still developing.



Number two is the lie! Addiction can happen to anyone, even if the medication is prescribed by a doctor.

**The answer:**

## KNOW THE RISKS. PRESCRIPTION PAIN KILLERS ARE HIGHLY ADDICTIVE

- Never use someone else's pain medication.
- Only use prescription pain medication with your doctor's supervision.
- Safely dispose of unused pain medication.

## WE CAN PREVENT MISUSE!

**38.5%** of people who misuse prescription painkillers got them from friends and relatives for free.

**More Resources at:**  
**GPPCT.org**

