WARNING SIGNS OF TEEN SUBSTANCE USE

ADAPTED FROM THE PARTNERSHIP TO END ADDICTION

SHIFTS IN MOOD & PERSONALITY
- Sullen, withdrawn or depressed
- Less motivated
- Silent, uncommunicative
- Hostile, angry, uncooperative

BEHAVIORAL CHANGES
- Changed relationships with family members or friends
- Loss of interest in school, work or other activities

HYGIENE & APPEARANCE
- Smell of smoke or other unusual smells on breath or on clothes
- Messier than usual appearance

PHYSICAL HEALTH
- Frequent sickness
- Unusually tired and/or lethargic

For more resources:
PreventionCT.org

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